

Garden party at Astell House

Families, friends residents and guests from all Lilian Faithfull Care's Homes and Hubs are invited to a Garden Party Astell House, Cheltenham for a Garden Party on Friday 6th September between 12.30-15.30. Please let Mark know if you would like to attend for catering purposes and directions!

Secret Garden Hub

Faithfull House, Suffolk Square
Cheltenham, Gloucestershire, GL50 2DT

01242 506 121

Mark.Norris@lilianfaithfull.co.uk

www.lilianfaithfull.co.uk

We are passionate about wanting to improve the quality of life for our guests, promoting independence and giving respite and support to families and carers.

Registered Charity No: 1122183



SEPTEMBER 2019

SECRET GARDEN HUB

ACTIVITY DATES

www.lilianfaithfull.co.uk



A Charity providing Exceptional Assisted Living, Residential, Nursing, Respite & Day Care

THE SECRET GARDEN HUB OFFERS FLEXIBLE INDIVIDUALLY TAILORED DAY CARE WITH AN EXPERTISE IN CARING FOR THOSE LIVING WITH DEMENTIA.

Mon 2nd Sept	Move & Groove	Pub quiz	Afternoon Tea
Tues 3rd Sept	Watercolour painting class	Musical bingo	Afternoon Tea
Wed 4th Sept	Target games	Word games	Afternoon Tea
Thurs 5th Sept	Poetry	Mindful Art	Afternoon Tea
Fri 6th Sept	Easy Fit with Patrick	Pamper/Games	Afternoon Tea
Mon 9th Sept	Exercise with Ewa	Games	Afternoon Tea
Tues 10th Sept	Musical Session	Who wants to be a millionaire? Quiz	Afternoon Tea
Wed 11th Sept	Bingo	2pm Boccia bowling	Afternoon Tea
Thurs 12th Sept	Pub quiz	Reminiscence Game	Afternoon Tea
Fri 13th Sept	Easy Fit with Patrick	Word games/ Crossword	Afternoon Tea
Mon 16th Sept	Western themed day		Afternoon Tea
Tues 17th Sept	Watercolour painting class	Target games	Afternoon Tea
Wed 18th Sept	National gurning day!	2pm Mel and his piano	Afternoon Tea
Thurs 19th Sept	Autumn craft	Entertainment	Afternoon Tea

Fri 20th Sept	Easy Fit with Patrick	Cheese tasting	Afternoon Tea
Mon 23rd Sept	Autumn themed coffee morning	2pm Steel drummer	Afternoon Tea
Tues 24th Sept	Arts in Care Day, celebration & poetry	Autumn quiz	Afternoon Tea
Wed 25th Sept	Board games	2pm Boccia bowling	Afternoon Tea
Thurs 26th Sept	Watercolour class	Musical session	Afternoon Tea
Fri 27th Sept	Trip to Weston-super-mare trip (please RSVP to book your space)		Afternoon Tea
Mon 30th Sept	Amy's Art Attack	Moove & Groove	Afternoon Tea

Please note activities may be subject to change in accordance with Guests' wishes and needs and our marvellous British weather!

To find out more, or if you are interested in an activity which is not on your regular day(s), please contact Mark Norris, Hub Manager to see if spaces are available.

01242 506 121 / mark.norris@lilianfaithfull.co.uk